JAMMU AND KASHMIR POLICE



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J&K POLICE ASSERTING ITSELF-CHIEF MINISTER

Dr Farooq Abdullah, Chief Minister of J&K has praised police personnel for their active role in counter-insurgency operations and asserting themselves in facing challenges posed



Dr Farooq Abdullah, Chief Minister, J&K, releasing the telephone directory to mark Police Telecom Week celebrations.

by the militants. Dr Abdullah disclosed that the performance of the local police had come in for praise during a high level meeting convened by the Union Home Minister on May 20. The Chief Minister, who was speaking at a function organized to observe the Police Telecom week at Srinagar on May 21, cautioned the policemen against attacks on police posts and personnel and wanted them to give a befitting reply. The Chief Minister released the Police telephone directory and also presented awards to officers and jawans of Police Telecom wing for winning various competitions organised during the week. Dr Farooq Abdullah went round an exhibition of Telecom equipment and saw the Mobile communication van commissioned for the first time by the State Police.

Shri Gurbachan Jagat, Director General of Police, J&K, highlighted the need for further upgrading of Telecom network for facing the proxy war. The DGP praised the courage being displayed by police officers and paid rich tributes to Shri Gulbadan Singh, DySP, who laid down his life while fighting militants.

Shri Navin Agarwal, DPT, gave a round-up of the activities and upgradation programmes undertaken by the Telecom wing. Shri I.S. Malhi, Financial Commissioner(Home), Shri S.S. Ali, ADGP Armed Police and Shri R. Tikoo, ADGP CID were present on the occasion besides other senior Police officers.



The Chief Minister addressing the audience.

The function was a part of the Police Telecom week celebrations from May 18-22, declared open by Shri Gopal Sharma, IGP Hqrs. The sports meet was inaugurated by Shri S.S.Ali, ADGP Armed Police. A new telephone exchange was inaugurated by Shri P.S. Gill, IGP Kashmir on May 21. The celebrations concluded on May 22 with a meeting chaired by Dr Ashok Bhan, IGP Modernisation, to discuss with the Zonal Radio Officers various upgradation programmes and ways and means to improve technical know-how and consumer satisfaction. A cultural programme followed by Bara Khana was also organised in the PCR complex, Srinagar.



Shri P.S. Gill, IGP Kashmir, making the inaugural call from newly installed PHQ Complex exchange at Srinagar.

POLICE HELP SITES COMMISSIONED AT SRINAGAR AND JAMMU

Chief Minister, Dr Farooq Abdullah, inaugurated **POLICE HELP SITE** in District Police Office at Srinagar on May 21.

The scheme has been launched with a view to making district



Dr Farooq Abdullah, Hon'ble Chief Minister, inaugurating Police Help Site at DPO Srinagar.

police offices more people friendly by providing a single window public utility service to redress their problems quickly and in a fixed time frame. The citizens can approach the HELP SITES personally or use Police Mail Boxes, which have been fixed at 6 different places in Srinagar town. SP Hqrs./DySP Hqrs. assisted by other staff will look after the cell.

Time frame for disposal of cases by POLICE HELP SITE:

Service	Time frame
Character verification *	10 days
Passport verification *	10 days
NOC for Arms licence	07 days
NOC for registration of vehicles	07 days
Permission for Loud speaker	Same day
Copy of birth/death certificate	07 days
Request for security arrangements	05 days
Public complaints	15 days

^{*}Reference No.of clearance will be provided but report will be sent to concerned agencies directly.

Shri Gurbachan Jagat, DGP J&K, in a colourful and well attended function at Jammu, inaugurated the POLICE HELP SITE on May 23. A large number of prominent citizens



The Chief guest having a chat with DGP after inaugurating Police Help Site.

including members of legislatures and retired Police Officers were present on the occasion. The DGP underlined the need for change in the attitude to make the police force service-oriented. He announced that the time had come to revive the traditional role of civil police in protecting the lives and property of common citizens. The DGP had no doubt that the J&K Police was prepared to give a final blow to the militancy in the State.



Shri Gurbachan Jagat, DGP being shown facilities available in Police Help Site at Jammu by SSP Jammu Shri Ashok Gupta and ASP Hqrs. Ms Shikha Goel.

STRESS MANAGEMENT PROGRAMME CONCLUDES

A 2-day stress management workshop organized by Mumbai based expert Dr Deepak Rao, concluded at the Police Headquarters in Srinagar on May 08. Shri Gurbachan Jagat, DGP J&K, presided over the inaugural session on May 07. Over 70 Gazetted and Non-gazetted officers of various wings of J&K Police, including STF, participated in the workshop.

While some amount of stress is necessary for optimum output in an organization like Police, excessive levels of stress cause physiological and psychological disorders, said Dr Rao. The first session was devoted to identify stressors which

included performance, threat, frustration, boredom, and bereavement. The importance of diet particularly avoiding excessive use of salt, caffeine and sugar were illustrated with examples. Dr Rao enumerated delegation of work and time temagement as important tools for police officers to keep themselves cool to tackle with important areas without involving in trifles.

The second session entitled "Fountain of Youth" was devoted to the cause of premature aging and how to prevent its adverse effects. While aging is genetically controlled, obesity, stress, lack of exercise, addictions, faulty diets and blood pressure/blood sugar were cited as causes of heart ailment. A 7-minute exercise schedule for relaxing various parts of the body was demonstrated by Dr Rao. The workshop was sponsored by Shri Ajay Gupta of SR Telecom, Jammu.

MARTYR GULBADAN SINGH - A LIFE WORTH EMULATING



Late Shri Gulbadan Singh, DySP Ops Kupwara, our gallant colleague who is no more.(Inset Photo in uniform)

Shri Gulbadan Singh, Deputy Superintendent of Police. SOG Kupwara, exhibiting highest sense of duty and conspicuous bravery, supreme made sacrifice of his life on May 12, while fighting militants at village Gulgam near Kupwara. The 35year old officer and his party fought valiantly but met a tragic end by receiving bullet injuries in his head. The operation left

two foreigner mercenaries and a local militant dead. One

We shall carry forward the unfinished task of Shri Gulbadan Singh.



Hon'ble Chief Minister and MOS for Home Affairs paying their homage.

UMG, 2 AK Rifles, 2 Pistols, 10 Hand grenades and ammunition were recovered from the spot. A Sub Inspector of 1990 batch, Shri Gulbadan Singh earned out of turn promotions as Inspector and Deputy Superintendent of Police. He is survived by his wife and two sons. Gulbadan Singh was a recipient of President's Police Medal for gallantry for his role in numerous challenging assignments and anti-militancy operations.

Dr Farooq Abdullah, Chief Minister, J&K laid a wreath on the body of Shri Gulbadan Singh at Srinagar airport. The mortal remains of late Shri Gulbadan Singh were consigned to flames at village Kaleeth on May 13. Minister of State(Home) Shri Ali Mohmad Sagar, Tourism Minister Shri Ajat Shatru Singh and the DGP J&K, Shri Gurbachan Jagat, attended the funeral. Earlier, glowing tributes were paid to the departed hero at a function in PCR Complex at Srinagar in which hundreds of colleagues of Shri Gulbadan Singh paid their last respects.



The last post
But his memory will never fade.

MURDER CASE SOLVED BY AWANTIPUR POLICE

A murder case of September 1996 was solved recently by Awantipur Police. The accused was arrested and one AK-56 Rifle, a magazine and rounds recovered. At the time of murder, the case had erroneously been labelled as one of militant violence but investigations showed that the killing was the result of a land dispute. The chief of Police, District Awantipur, led the investigating party.



اسلحرد ایونشن جورا جوری پولیس نے براکد سے

اس سلسلەبب سُرىندرستگەساكنە الوقي بان اورالطان احدماكة گوان لور كوگرفتاركيا كياجنهوں نے مبلغ ٢٠٠٠٠ روپر كى اليت كاليک بنگ فرافط ايك مفاقى بنگ برايخ سے كيش كيا تھا۔ ان رومات كامنى پاكتنا فى خفيهٔ الحين سى 1.5.1 ہے۔

شماره نمبر ۲ جلد نمبر ۲ نیم جون ش<u>۱۹۹</u>۶





ا نیط طالین کھیے ال کا فتاق فرے بردار کی طرحزل دلیں جمد کشیر کھیلاڑیوں سے منفارت ہوئے ہوئے

◄ سبیتی اوریش کروب ریگرنے فاردق احداثر رانڈا کوڈ امتیاز بردی احدی کا کوڈ میں اوریش کرون احدی کا کوڈ خاک کوڈ خاک اور شوکت احدیط کوڈ نیٹو سمیت حزب المیا مدین کے ایخ ارکان کو گرفنا کیا جو کوؤ علاقہ جات ہی کرنے حملوں مرم و نیسے میں کا میں میں اوریٹ کی کے گوٹ علاقہ جات ہی کرنے جملوں مرم و نیسے میں کاروائیوں میں ماوٹ تھا۔

* مورخه ۱۲ مئی مثل المؤکو جناب کورسجی جگت طی جی بی نے طور سط نسینی خرار ملک مرافع میں خرار میں میں المقالی کے مقالمہ کی افتحالی المقالی کے مقالمہ کی افتحالی کے مقالمہ کی افتحالی کے مالی کا المقالی کے مقالمہ کی المقالی کے علاوہ اعلی لولیس افسال موجود سقے .

الشي علاده اعلى بوليس افسران موجود سقة.
ميشيل اوريش كردب بيرگام نے ايك ايسے كرده كوطشت ازبام كيا جرباس مشت كردى حلانے كيلے بمرون عالك سرايك كر نفيلے معاد كرداراد اكررہا تھا۔



ڈائر کی جزل دیس جول وٹ بیر خلے بولیس لائین سرنگریں بولیس سے اضران وجوانوں سے درباری ایک تقریب برخطاب کرتے ہوئے۔